



# SEVENTH SUNDAY IN ORDINARY TIME – 23 FEBRUARY 2014

**“You have heard...but I tell you...  
...Be perfect, therefore, as your heavenly Father is perfect.”**

(23 February Readings: Leviticus 19:1-2, 17-18; 1 Corinthians 3:16-23; Matthew 5:38-48)

## ***Announced Mass intentions***

Sat., Feb. 22 5:00PM Mass – Patrick Chatelaine+

Sun., Feb. 23 **SEVENTH SUNDAY IN ORDINARY TIME**  
 8:00AM Mass – Holy Cross Parishioners  
 9:30AM Mass – Barbara Costanza (lvg)  
 John Huston+  
 Souls in Purgatory  
 11:15AM Mass – Johanna Seguin+

Mon., Feb. 24 **NO MASS**

Tues., Feb. 25 9:30AM Mass – Maria Bydlinski+

Wed., Feb. 26 12:15PM Mass – Brian Beahen+

Thurs., Feb. 27 10:00AM Communion Service held at  
 Windsor Park Manor  
 12:15PM Mass – Joan Gillstrom+

Fri., Feb. 28 12:15PM Mass – Ed Herbert+  
 Irene Herbert+

Sat., March 01 5:00PM Mass – George Dionne+

Sun., March 02 **EIGHTH SUNDAY IN ORDINARY TIME**  
 8:00AM Mass – Holy Cross Parishioners  
 9:30AM Mass – Holly Costanza (lvg)  
 Edith Garcia (lvg)  
 John Cuddihey+  
 Tine Basten+  
 11:15AM Mass – Souls in Purgatory

## ***Events Calendar***

Sat., Feb. 22 9:30AM Prayer Group

Sun., Feb. 23 9:30AM Children’s Liturgy  
**COFFEE SUNDAY** after all morning Masses – Hall

Mon., Feb. 24 12:30PM Potato Peelers – Hall  
 6:30PM **Preparation Session #1** for  
 Confirmation – Hall

Tues., Feb. 25 7:00PM **SILENT ADORATION** until 8 pm  
 8:00PM A.A. – Hall

Wed., Feb. 26 7:30PM Choir (9:30) practice – Church

Thurs., Feb. 27 6:30PM **Come Join Us at The Table #4**  
 7:00PM Choir (11:15) practice – Church

Sat., March 01 9:30AM Prayer Group – Rm. A

Sun., March 02 9:30AM Children Liturgy  
**PANCAKE BREAKFAST** after morning Masses – Hall

**Please pray for our brothers and sisters who are sick...**



**-Our parishioners—**Teofina Dubé, Betty Hubbard, Alice Johnson, Romeo Maione, Charlotte McCarthy, Edwina Laturnus, Rene Venasse, Caroline Wallace

**-Immediate family members—**Josie Bertrand (daughter of Monique), Vic Edwards (husband of Deanna Heney-Edwards), Estelle Freed (daughter of Helen Dick), Manson Kennedy (brother of Deacon John), Emily MacLeod (daughter

of Marilyn & Martin), Lisa Nancarrow (daughter of Janet & Robin), Maria Rodrigues (mother of Cajé)

## ***Pastor’s Column...***

### **BE PERFECT, JUST AS YOUR HEAVENLY FATHER IS PERFECT**

The readings challenge to live a high standard – to be holy and perfect as God is holy and perfect. The reading from Leviticus reminds us in so many words that we are made in the image and likeness of the God Who is holy and His people are given the command to be holy because God is holy. The responsorial psalm describes the attributes of our holy God: forgiving, kind, compassionate, merciful, and gracious. St. Paul addresses the believers in Corinth and reminds them that God dwells within them. Do you know that you are God’s temple and that God’s Spirit dwells in you? And just as a temple is respected because of the holiness of the One Who dwells there, we must treat ourselves, our bodies, with even more honor and respect because God not only dwells in us, but the holy God is active in our lives transforming us by the divine presence. In the Gospel, Jesus examines some of the commandments that have been handed down from the law and the prophets of old. He lifts the bar higher and said that we must do more than the minimum requirements of the old law. Jesus requires more of His disciples. God loves us and sent his only Begotten Son to die for our sins. Love means that we should seek out the good that is in each person whom God has created. We are called to a radical commitment to the Good News, which involves being more generous, more prayerful and more willing to set aside our own needs for the good of others. As per the teaching on forgiveness, we have already seen this attitude lived out - in Jesus himself, who shows us what God is like. Jesus loved his enemies, forgave those who mocked, scourged and crucified him. In this sense, we can say that the Sermon on the Mount predisposes us to live a life of self-giving, in imitation of Christ.

God bless you.  
Fr. Gilles Njobam CMF  
Associate Pastor

## ***Parish News and Community Life...***

**CALLING ALL CURSILLISTAS:** Our next Parish Ultreya will be held on **Saturday, March 08 from 9 a.m. until 11 a.m.** We will begin with Mass followed by a Fourth Day speaker and spiritual guidance. If you have not made a Cursillo you are invited to join us and see what it is all about.

**2013 TAX RECEIPTS** are available at the back of the Church next to the offertory envelopes. The Parish would like to thank each and every one of you for your generosity to the parish in the year 2013.

**ASH WEDNESDAY** is on **March 05**. For the convenience of Parishioner, two Masses will be celebrated with the imposition of Ashes at 12:15 p.m. and 7 p.m. respectively. All are welcome to participate. **Please remember that Ash Wednesday is a universal day of fasting and abstinence.**



With Ash Wednesday, we begin the Season of Lent. Let us enter in the season of Lent with the spirit of Almsgiving, Prayer and Fasting. **On Lenten Friday's** we will have the **Stations of the Cross at 7 p.m.** (see schedule below). Come and join us as we walk through the fourteen stations to experience this powerful way to contemplate, and enter into, the mystery of Jesus' gift of himself to us. All are welcome.

Friday, March 07 – lead by Pastoral Care

Friday, March 14 – lead by Parish Pastoral Council

Friday, March 21 – lead by the Knights of Columbus

Friday, March 28 – lead by the Prayer Group

Friday, April 04 – lead by MPD

Friday, April 11 – lead by the Youth Group

**Good Friday, April 18 – Children's Liturgy** will lead the Stations of the Cross at **10:00 a.m.**

**Good Friday, April 18 – Stations of the Cross at 7:30 p.m.**

#### **SACRAMENTAL PREPARATION FOR THE SACRAMENT**

**OF CONFIRMATION:** A reminder to all parents whose children are registered for the Sacrament of Confirmation. The **first preparation session** for Confirmation begins on **Monday, February 24 at 6:30 p.m.** in the parish hall. Please **arrive 15 minutes early**. We look forward to seeing you there.



#### **PASTORAL CARE**

**PASTORAL CARE MEMBERS** are available to visit and/or bring Holy Communion to the sick, house-bound, lonely or bereaved. Call Harry Goldsmith at 613-421-1656.

**OTTAWA PASTORAL CARE TRAINING PROGRAM BASIC COURSE:** The spring sessions will begin on March 10. The basic course consists of 25 hours of training during one afternoon or evening a week for 10 weeks. For more details visit go to [www.ottawapastoralcare.com](http://www.ottawapastoralcare.com).

#### ***Social Action...***

##### **MISSION, PEACE, AND DEVELOPMENT**

The staff at Debra Dynes Family House are looking forward to spring and to improving nutrition in the community. They are preparing to start vegetable seeds indoors with a Gro-Lite unit, and would appreciate advice from any parishioner who has this kind experience (call Barbara Carroll at 613-224-3824). They also hope to plant a variety of fruit trees on their property. More news will follow on how Holy Cross can help.

##### **ENVIRONMENTAL STEWARDSHIP – WASTE SORTERS:**

Plastic bags are the worst contaminant in recycling. They *cannot be recycled*. Also bad is when plastic bags that contain recyclables are put into blue and black boxes. Parishioner John Dorner had the privilege of watching workers on the sorting line at Ottawa's recycling plant. He saw how fast and focused these people have to work to

remove contaminants from the line. Out of respect for them he decided to never again throw contaminants into recycling bins. Thank you to those who recycle carefully at home and at work, and to those working on the sorting line at the recycling plant! To know what is allowed in blue and black boxes, click on *Waste Explorer* at this website: [www.ottawa.ca/en/residents/garbage-and-recycling](http://www.ottawa.ca/en/residents/garbage-and-recycling)

#### ***Other interests...***

##### **SEPARATED AND DIVORCED CATHOLIC SUPPORT**

**GROUP:** Will offer the 'Journey of Hope' program for women at Holy Rosary Parish, 20 Grant St., Tuesday evenings, beginning **February 25 from 7 - 8:30 p.m.** A structured program geared towards healing and supporting separated or divorced Catholic women. To register, contact Deacon Peter Lafleur at [plafleur@archottawa.ca](mailto:plafleur@archottawa.ca) or 613-738-5025 x222. Marginal fee to cover the course workbooks; no one will be refused.

##### **PERMANENT DIACONATE – INFORMATION SESSIONS:**

Is the Lord calling you to the Permanent Diaconate? Come and discover what the diaconate is all about. All men in the Archdiocese are invited; married men are encouraged to come with their wives. To attend a session or get more information, contact Deacon Michael Seath at 613-834-1840 or [mseath@archottawa.ca](mailto:mseath@archottawa.ca). Information sessions are on: **Monday, February 24 from 7:00 - 9:00 p.m.** at Our Lady of Mount Carmel Parish (400 St. Laurent Blvd); **Thursday, February 27 from 7:00 - 9:00 p.m.** at Blessed Sacrament Parish (194 Fourth Ave.); **Saturday, March 01 from 9:00 - 11:00 a.m.** at Our Lady of the Miraculous Medal (17 First Ave, Russell).

##### **COUPLES FOR CHRIST SPONSORING CHRISTIAN LIFE**

**PROGRAM:** At St. Monica Parish (2080 Merivale Rd.) beginning **Sunday, March 02 at 1:30 p.m.** There are twelve sessions consisting of talks, discussions, sharing and fellowship. The program is free; Kids Watch is available. For information contact Jojo or Belen Razon at 613-746-4651 or Ester or Julius Dapar at 613-796-2568.

##### **“COME AND SEE” NAZARETH DAY:**

Learn more about Nazareth Summer Family Retreats for Catholic families, and meet other families who have attended retreats in the past. **Saturday, March 22 from 9:30 a.m. – 3:30 p.m.** at St. Martin de Porres Church (3891 Richmond Rd.) Mass at 10:00 a.m., followed by cold pot-luck lunch (sandwiches, salads, veggie/fruit trays, etc.) in the hall and brief program. If you are interested in attending please RSVP by March 07 by emailing [nazareth.family.apostolate@gmail.com](mailto:nazareth.family.apostolate@gmail.com). For more information visit the website at [www.nazarethfamily.com](http://www.nazarethfamily.com).

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#### **COLLECTION REPORT**

16 February 2014 - \$4,096.50 (env) / \$612.10 (loose)

*~ Thank you for your generosity and support ~*

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**Have you considered a gift in your WILL to provide for the faith life of future generations?**  
**IN YOUR GENEROSITY, please consider a donation or bequest to Holy Cross Parish.**